

**OKLAHOMA DEPARTMENT OF CORRECTIONS
PREGNANT OFFENDER GUIDELINES**

Date: _____

Start Date: _____ and expires 6 weeks after delivery

THE FOLLOWING GUIDELINES ARE TO BE FOLLOWED TO PROTECT THE PREGNANT OFFENDER AND HER UNBORN CHILD. THERE ARE NO EXCEPTIONS:

- No more than two hours daily of mopping, scrubbing or sweeping
- No shoveling snow
- No lifting greater than ten pounds
- Any other job assignments should be limited to sedentary work. Offender must be able to get up and walk around for ten minutes every two hours to prevent possible thrombophelbitis
- Offender is to rest as her physical health requires- No exceptions
- Offender is to wear a seat belt during transport and it must be under the abdomen
- When at an outside medical appointment the offender should:
 - a. Wear California cuffs unless there is a security issue to the contrary
 - b. Be allowed to get up and walk around for ten minutes every two hours to prevent possible thrombophlebitis
- Pregnant offenders are to be in bed by 10 p.m. nightly
- Offender is to be allowed to use restroom as needed whether at work or on the unit

Healthcare Provider: _____ Date: _____
(Signature)

Offender Name:
(Last, First)

DOC #: